



## Depolarizing Ourselves

*A first step toward civil engagement*

### Workshop Overview

For people of faith, civil discourse begins in recognizing the image of God in our conversation partner. Since we are all children of God, our approach should involve mutual respect. Respect, not agreement, is an essential key for a healthy discussion. This workshop addresses how we may inadvertently be complicit in, or possibly even encourage, polarization.

### What is the Depolarizing Ourselves Introductory Workshop?

The Depolarizing Ourselves Introductory Workshop is designed to help you lessen the effects of polarization when you encounter them in your political conversations. Note that by “polarization,” we are not referring to healthy disagreements over issues or philosophy. We are talking about how we regard and talk about large groups of ordinary people on the other side of our own politics as if they were enemies.

This is a group session that is approximately 1.5 hours long and is customized for faith communities. It is led by a volunteer Braver Angels Facilitator.

### Goals

To teach participants:

- How to be more aware of their own “inner polarizer”.
- How to interact without demonizing, dismissing or stereotyping large swaths of the population.

**November 21, 2024**

**5:30\* – 7:00 pm**

\*Doors open at 5 p.m. Please arrive early so we can begin promptly at 5:30 p.m.

**Location:**

St John the Evangelist Episcopal Church  
2036 SE Jefferson Street  
Milwaukie, OR 97222

Please register in advance here:



[bit.ly/DepolarizingOurselves](https://bit.ly/DepolarizingOurselves)

For more information, contact: [info@dandelionhouse.org](mailto:info@dandelionhouse.org) or [office@stjte.org](mailto:office@stjte.org)

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